



# THE TIMES OF INDIA

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**1 ONE NATION, ONE VOICE:** A group of 100 singers, including Asha Bhosle, Kumar Sanu and Sonu Nigam, have recorded an anthem for the frontline warriors fighting the coronavirus pandemic

**2 CONTEST: HAVE YOU TRIED COLLABORATIVE WRITING**  
<https://toistudent.timesofindia.indiatimes.com/news/leadership/contest-have-you-tried-collaborative-writing/51079.html>

**3 RACE FOR COVID-19 VACCINE INTENSIFIES**  
<https://toistudent.timesofindia.indiatimes.com/news/top-news/race-for-covid-19-vaccine-intensifies/51040.html>

**STUDENT EDITION**  
 TUESDAY, MAY 5, 2020  
**WEB EDITION**



## LIFE IN POST COVID WORLD

### Will 'BUNKERING' be our new lifestyle?

Did you know presently, we are leading a life of 'bunkering'? Yes, you heard it right. It is a term that was popularised by New York-based futurist and marketing consultant Faith Popcorn in 2015. So, what is bunkering? We find out...

"Bunkering means an impulse to go inside when it just gets too tough and scary outside," says Dr Sonal Anand, Psychiatrist, Wockhardt Hospital, Mumbai. In fact, according to her, "Our homes have become our castles where we retreat and avoid interacting with those around us (except via social media)."

#### THE CHALLENGE

While bunkering may be the new normal, it will raise problems like nature deficit— not getting to see greenery, sky and fauna. To fight this, "watch videos about nature, use binoculars for bird watching from home, among others," suggests Dr Santosh Bangar, a psychiatrist.



**THE BIG Q: WILL THIS LIFE CONTINUE AFTER THE PANDEMIC?**  
 "Staying in is definitely going to become the new normal, even after the virus goes away. Fear of the next pandemic or any other apocalypse has always been the number one fear for the human race. It might take quite a long time for people to get back to pre-pandemic state," explains Anand

### THE FUTURE OF FLYING

According to experts, flying norms are surely going to change post the pandemic. Here are some of them...

- Report to the airport three hours prior to your flight departure
- Contactless check-in
- Pre-flight briefings
- Mask at all times (including in flight)
- 2 or 3 temperature checks per person



- Strictly one carry-on (5 kg)
- Floor markers everywhere in the airport
- Hand sanitisers at every point
- Alternate check-in counters
- Cabin aerosol disinfection
- Training of staffs for COVID emergencies
- Crew temperature check
- Health declaration before arrival at the airport
- Temperature check on arrival
- Transit passengers can't leave airport
- Additional food safety guidelines
- Immediate isolation of sick passengers
- 'Sanitagging' of bags along with UV sterilisation
- Much longer boarding/dismarking process
- Socially distanced waiting areas

**HRD ministry formulating guidelines for schools, colleges to ensure social distancing when they reopen**

New seating matrix (specialised and adaptable seating), staggered classes, different mess and library rules, revamped hostels and canteens could be part of students' socially-distant lives in schools and colleges when they return. According to reports, the HRD ministry is formulating safety guidelines to be followed whenever classroom learning is resumed.

For schools, suspension of morning assemblies and sports activities in the playground, norms for school buses, do's and don'ts in washrooms and cafeterias and regular disinfection of entire buildings, could be part of the guidelines. Masks will be mandatory part of school uniforms. For residential schools, guidelines will detail social distancing norms to be followed in mess and hostels.



EDUCATION

### APP-LY IT FOR...



### FOCUS AND MOTIVATION

**CLOCKWORK TOMATO:** A timer and activity logger, it aims to boost productivity by breaking down work periods into 25-minute slices, separated by short breaks. The idea is to move away from your desk and do something completely different, perhaps fun, active or relaxing.

**APP: ALARM.MY:** Billed as the app that will make your roommates hate you, Alarmy can be set up to not switch off until you take a photo of something specific — ie the front of your house — which ideally encourages you away from the duvet and into study mode.

**APP: WRITTEN? KITTEN!** Struggling to write that essay or novel? How about a cute kitten picture reward every time you write 100 words? Written? Kitten! offers just that.

**APP: COLD TURKEY:** So obsessed we are with distracting ourselves with random web browsing that there are, of course, countless apps which now allow you to block websites that you find divert your work. You can look forward to receiving a joyful message of encouragement when you try to click on one of your banned sites.

#### irecommend

**'BOOK OF HOPES' DEDICATED TO COVID-19 WARRIORS**

Bloomsbury has launched award-winning author Katherine Rundell's 'The Book of Hopes: Words and Pictures to Comfort, Inspire and Encourage Children in Lockdown' as a free PDF on the website of its National Literacy Trust, [literacytrust.org.uk/b ookofhopes](http://literacytrust.org.uk/b ookofhopes). The book features over 110 authors and illustrators aiming to foster hope in children via delightful and comforting stories

**TO READ IT, CLICK:**  
[https://issue.com/bloomsburypublishing/docs/the-bookofhopes\\_interactivepdf](https://issue.com/bloomsburypublishing/docs/the-bookofhopes_interactivepdf)

### Harry and Meghan's biography to be published this year?

#### BOOKS



A biography on Harry and Meghan, the Duke and Duchess of Sussex, is all set to hit the stands soon. According to 'Daily Mail', the book titled 'Finding Freedom: Harry and Meghan and the Making of A Modern Royal Family' is set to be released worldwide online on August 11, with the hard copy on sale from August 20.

Written by journalists Omid Scobie and Carolyn Durand, a description of the biography on Amazon promises to offer an 'honest, up-close, and disarming portrait' of the 'confident, influential, forward' Prince Harry, 35, and Meghan Markle, 38



FACTOID

### 7.7 CRORE

People across the globe watched 'Ramayan' on Doordarshan on April 16 — a world record in itself. Aired again after 33 years, it has become the highest viewed entertainment programme globally. Written, produced and directed by Ramanand Sagar, Ramayan, first aired on Doordarshan in 1987 and acquired a cult status over the years.

### NEWS IN BRIEF

CLICK HERE FOR MORE

### APPS DON FACE MASKS TO PROMOTE HEALTHY PRACTICES AMID COVID-19



#### TECH

Internet companies like Urban Company, MakeMyTrip, Dunzo, HealthifyMe and Zomato are changing their social media handles and app icons to promote wearing face masks as a hygiene practice amid the COVID-19 pandemic.

Apna Mask initiative — an effort by StartUpsVsCOVID is promoting homemade masks and aims to drive behavioural change to ensure that people wear masks. The #ApnaDeshApnaMask campaign kicked off by many startup stalwarts have garnered 100 million out-reach across digital platforms, including WhatsApp, Twitter, Facebook and Instagram. Others like TOI has started a mask campaign

### No doubles match, no handshake: New 'return to tennis' guidelines



#### SPORTS

The International Tennis Federation (ITF) has issued a set of guidelines for local and national-level competitions when tennis returns to action once the restrictions put in place, due to coronavirus pandemic, are lifted.

The guidelines include arriving at a venue already dressed and leaving immediately after the conclusion of a match, no handshake, no sharing of equipment (racquets, towels, water bottles, etc), no doubles matches. It also says that competitions should be held without spectators



#### GOOD CAUSE

**New York Girl Scouts are counting the birds in their backyard**

New York-based Girl Scout troop has embarked on a unique bird-counting project, ahead of annual Global Big Day, a counting of the world's birds, on May 9. Each girl will stay in her own backyard or hike solo with members of their own households and report their birding observations online. The project, known as 'Girls of a Feather' gives the troop the opportunity to learn by working with Cornell University's Lab of Ornithology in Ithaca.

To participate in this global bird counting project, you can sign up on [www.ebird.org](http://www.ebird.org)

### Emissions declines will set records this year

Global greenhouse gas emissions are on track to plunge nearly 8% this year, the largest drop ever recorded, as worldwide lockdowns to fight the coronavirus have triggered an "unprecedented" decline in the use of fossil fuels, the International Energy Agency said. Many countries are using less electricity as offices, restaurants and movie theatres are closed.

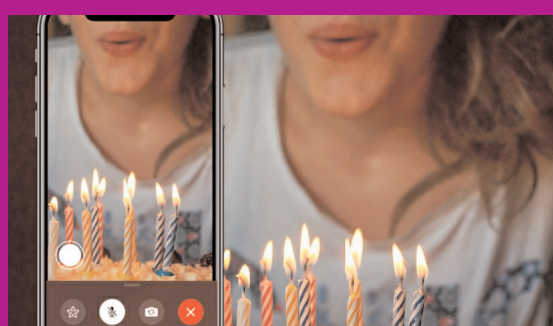


#### ENVIRONMENT

Despite the record drop in emissions, scientists cautioned that the world faces an enormous task in getting global warming under control. The UN has said that global emissions would have to fall nearly 8% every single year between now and 2030, if countries hoped to keep global warming well below 2 degrees Celsius

### B' DAY CHEERS

### Want to celebrate your bday? Blow out the candles on a virtual call



In a strange twist, a pandemic birthday party might actually be the easiest party you ever throw. A birthday party under normal circumstances takes hours of preparation: cooking and cleaning, decorating and primping. This year, you only have to get dressed from the waist up and tidy the corner of your home that people can see on video chat. You can also take advantage of the new format to include far-flung family and friends who might not have been able to join an in-person gathering.

#### MAKE IT HAPPENING

- Make sure people have clear instructions on how they can attend a virtual call.
- Zoom works, but you'll be limited to a 40-minute trial, if you do it for free. You could also try a Google Hangout, which is free and unlimited.
- On the invitation, put the start time (with your time zone, if you're inviting people from different regions), as well as detailed instructions for how to join the call.
- As host, call on people. Organic group conversation over chat is almost impossible, and everyone will be glad to have a chance to speak.
- (Remember cloud platforms for video and audio conferencing may have privacy issues. Do a thorough check before sending out invites)

### You share your BIRTHDAY with

#### KARL MARX, MAY 5

Karl Marx, a German philosopher, economist, historian, sociologist, political theorist, journalist and socialist revolutionary, is best known for his 1848 pamphlet, 'The Communist Manifesto', and 'Das Kapital'

### GET INSPIRED

### The greatest minds flourished DURING SELF ISOLATION

They say challenges bring new opportunities and enable us to push ourselves. Here's how these personalities turned adversities into success...

#### SHAKESPEARE



William Shakespeare, who was compelled to turn to poetry, when theatres shut down during the bubonic plague in Europe and Asia, wrote 'King Lear', 'Macbeth', and 'Antony and Cleopatra', some of the most brilliant works of art.

#### EDVARD MUNCH

Munch, the artist of the iconic 'The

Scream' painting, who had a traumatic childhood of isolation used these experiences to develop "macabre sensibilities," which in turn impacted his art and became a full blown career for him.

#### ISAAC NEWTON



Newton, famous for his laws of physics, began developing his own theories including the path the Moon takes around the Earth, when Cambridge University was forced to close in 1665 due to plague.

Source: Goalpost, BBC



## HAVE A VIDEO TO SHARE? SEND IT TO US

**LEARN WITH THE TIMES (NIE):** Mini Nair, principal of National High School, Hazra Rd campus, talks about the lockdown period and what to learn from Times NIE. [Go to www.toistudent.com](http://www.toistudent.com) to watch the video.

Have a video on how to deal with this current lockdown? Send us 1) Clear videos 2) Of 2minute duration 3) With details (name, class and school) 4) At [timesnie175@gmail.com](mailto:timesnie175@gmail.com)



### FUN-ZONE

#### CHECK YOUR APTITUDE

1) The age of two boys A and B are 6 years 8 months and 7 years 4 months respectively. Divide ₹ 3,150 in the ratio of their ages.  
A. 1800 and 1350  
B. 1500 and 1650  
C. 1600 and 1550  
D. 1400 and 1750

2) Three persons start a business and spend ₹ 25000; ₹ 15000 and ₹ 40000 respectively. Find the share of each out of a profit of ₹ 14400 in a year.  
A. 8500, 2800 and 3100  
B. 6800, 5300 and 2300  
C. 9100, 3800 and 1500  
D. 4500, 2700 and 7200

3) Pollination by birds is called:  
A. Ornithology  
B. Ornithography  
C. Ornithobiology  
D. Ornithophily

#### ANSWER:

1. B) ₹ 1500 and ₹ 1650,
2. D) ₹ 4500; ₹ 2700 and ₹ 7200,
3. Ornithophily

Dhyan S Honnagiri,  
class V, NPS Kengeri,  
Bengaluru

### FAMILY MOOD BOARD - RED, GREEN OR ORANGE!

Make a chart with every family member's name/picture and a side chart with red, green and orange colours.

It will become a collective outlet for families going through tough times.

This mood board will also sensitise everyone to each other's moods besides being a super fun exercise.

After all, that's how the country is divided now.

Each day every member can tick mark their mood - **RED** for a tough day, **ORANGE** for okay days, and **GREEN** for happy days.

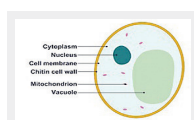
Along with the ticks, the family members can explain their mood in one liners.



### CURRICULUM EXERCISES

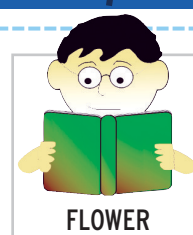
**Q.1) Animals that feed on dead animals are called \_\_\_\_.**  
A. Scavengers B. Omnivores C. Carnivores D. Herbivores

**Q.2) Plants grown and cared for in a field are known as \_\_\_\_.**  
A. Crops B. Yeast C. Penicillin D. Fungi



Niharika Bhat, class VIII, NPS Kengeri, Bengaluru

Answers: (1) Scavengers, (2) Crops.



FLOWER

#### KNOWLEDGE BANK

**SOLO-Rhodiola rosea**  
This is the special plant named 'solo' that is found in Ladakh. Solo is the local name of the herb scientifically known as Rhodiola



rosea. It is said that the plant is a boon for those living in high altitudes as it has many medicinal properties. Solo helps to keep the immune system strong in low oxygen areas, as well as radio-protecting ability, anti-depressant and appetiser properties. The leafy parts of the plant are used as a vegetable by the locals.

Aahana K P, class V, NPS Kengeri, Bengaluru

#### Quiz time

**MIND YOUR MANNERS**  
Are You Good Mannered?  
Take this quiz to find out more



- Look out the window
- Check out the game on your tablet
- Talk over them while they are talking

1. It is important to use good manners. Using good manners means that you show \_\_\_\_ to other people and their property.

A. Humor, B. Sadness, C. Respect, D. Vandalism

2. 1. If someone is speaking to you, what should you do?

A. Use eye contact to show you are listening

3. When you go out to eat at a restaurant, what should you do while people at your table are being served?

- Talk with your mouth full
- Go ahead and eat since you're hungry
- Wait until everyone has been served
- Play games on your tablet

#### ANSWERS

1. C. Respect 2. A. Use eye contact to show you are listening
2. A. Use eye contact to show you are listening
3. Wait until everyone has been served.

### GARFIELD



## Have we moved a decade ahead?

RENU DHOTRE, TEACHER,  
M.P. SHAH HIGH SCHOOL,  
VILE PARLE

Everyone is talking of distance, remote learning, digital tools, online teaching etc. that has been foisted upon us because of pandemic COVID-19. While exploring these online platforms we find tons of ideas and resources and then there are challenges which give us a setback quite different from face to face interventions.

Thanks to COVID-19, there has been a massive shift, taking teaching methodologies a decade ahead, where teachers are researching the in-depth of online resources for delivery and mastering that can help them learn more. Since all teachers are still struggling, here are some important nuts and bolts of online teaching and learning process.

#### Clear communication with the learners

The learners should know about asynchronous and synchronous path of communi-



Renu Dhotre

#### TEACHER'S PEN

cation e.g. If I am taking a meeting for students, it should be attended by all - this is synchronous. But when I give them tests to solve at their leisure it means asynchronous. It can also be pre-made videos paired with Google Docs instructions for students.

There are other portals which allow for easy and interactive participation of both the con-

cerned parties. So do explore that too.

The school should set up a Learning Management System (LMS)

When it comes to a platform for storing and delivery assignments, this could be well organised in the online realm.

Different tools as part of instructions

Teachers can make use of an array of different tools like flashcards, quizzes etc. to make activities fun and engaging.

#### Central hub school

There are online portals that allow creation of a central hub for parents and students to assess things at the same time. This will help teachers and parents keep a track on the child's academic progress.

The online platforms have opened its floodgate of resources with a plethora of teaching and learning tools along with the simplification of all these resources. Have we really moved a decade ahead or is this an illusion, a mirage? Whatever it maybe, the present digital scenario seems evolutionary, forecasting a revolution in the near future. What the future holds is still unpredictable. But let's be optimistic and move with the tide else we will become redundant.

## SCHOOL IS COOL

### Indoor gardening

ANJANI SARMA,  
STUDENT, B.K. BIRLA  
PUBLIC SCHOOL,  
KALYAN

Gardening is a joyful activity for me and my family. It is more than just a pass time for me. I find it refreshing for one's mind and body and soothes me in a way I can't explain. Along with my parents, I have planted many such plants at my home and I water them daily.

It is a very pleasant feeling to see all my plants flourish with beautiful flowers. There are different kinds of plants at home: lotus, different types of hibiscus, money plant, rose, jasmine, aloe vera etc.

I also take care of the manure required for all my plants and prepare it at home. We use vegetable leftovers, teabags, cowdung etc. to prepare the manure. Earthworms in soil are the scariest thing for me.

There are also many different types of birds visiting our small garden and a few have even built their nests too. Nature is very beautiful and it is our duty to protect and take care of it. And I am so happy that I am getting this precious time to interact with our bountiful nature and appreciate it.



#### STUDENT'S PEN

## Home schooling during COVID-19

The need of the hour demands to not only keep students occupied with games but also to keep their minds busy with valuable and knowledgeable resources. Therefore, Rizvi Springfield High School (SSC), initiated the concept of home-schooling for all classes right from Jr. KG to class X.

Director of Rizvi Education Society, Adv. Rubina Akhtar Hasan Rizvi has always been an inspiration to use digital media to equip students with high quality education. This has helped the school to use technology in the most effective way, today during the crisis.

The school has made it a point to interact with their students on daily basis using electronic media. Educational worksheets related to scholastic and co-scholastic subjects are provided to students by respective teachers on a regular basis. On the other hand, the teachers not only check each child's answer sheets but also provide their students with constructive feedback, remarks and valuable suggestions for further improvement. Students and their parents highly appreciated the same which in turn motivated the kids to continue with their academics with more enthusiasm and fervour.

Many activities are also being conducted and forwarded to students in the form of videos for e.g. yoga asanas performed by the physical education teacher to encourage students to stay fit and healthy. Another video on craft activities enabled students to work

creatively at home and they prepared bags, photo frames etc. using newspapers. Apart from fun activities, videos were also prepared by the teachers based on scholastic topics wherein the teachers explained certain topics like how to utilise their time valuably and make learning at home an interesting experience.

The school is also working closely with students using live lectures in order to fade away the lost link of students with the classroom environment. Home schooling in this present scenario has led parents to adapt to online learning platforms to help their children continue their education in a safe environment at home.



## Importance of focused concentration

MONI SAHU, TEACHER, LITTLE FLOWER HIGH SCHOOL, ANDHERI (E)

Why to waste time in building the bridge of irrelevant thoughts when you know you cannot cross the chasm due to lack of concentration? The chasm comes

#### TEACHER'S PEN

from the means you take to reach your goals and objectives. That little bridge of irrelevant thoughts over that deep chasm looks very unsafe as we all live in the world of attraction where the point of focus blemishes instead of enhancing.

The ability to give all your attention at a particular point is concentration. In order to concentrate you need to focus, make your goals and objectives clear like how a cameraman focuses on a person in the middle of the crowd. Once you are the master you can focus your interests towards attention and here your focus and concentration interrelates. Hence this is the raw im-



Moni Sahu

portance of focused concentration- this powerful view of reality that will help you reach your goals through the right way.

In conclusion what you do in class is compiled forever; the chasm can be crossed easily through the bridge of taught thoughts.

